

JAMES WELLINGTON

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FLORIDA LICENSED REGISTERED NURSE

Commitment to Excellence and Providing High Quality Patient Care

Healthcare Philosophy:

Patient and community trust is the cornerstone of a successful healthcare facility. A positive nurse-patient interaction, coupled with strong healthcare knowledge fosters an inviting, healing environment—one where patients feel safe and comfortable whether dealing with acute or chronic illnesses. As a result, the role of a registered nurse is to partner with multidisciplinary teams and patients to ensure a high standard of care.

Skills, Knowledge, and Abilities:

- Professionally Manage Caseload
- Work with Diverse Patient Population
- Maintain Confidentiality on Sensitive Information
- Patient Care & Education
- Provide Case Management Services
- Comply with Medical Protocol
- Raise Facility Brand Awareness
- Command over English and Spanish

PROFESSIONAL EXPERIENCE

Registered Nurse, Medical Surgical Unit
Name of Facility (2007 - Present)

Administered medical care plan and policies for this plastic and general surgery facility. Delivered patient care, including collaborating with the healthcare team to execute individualized patient care plans.

Pre-Operative Nurse

- Admitted patients for surgery—conducted thorough patient assessments to gather pertinent information, accurately obtained and documented patient's history and medication, and ensured patient consent.
- Administered pre-medications, installed IV fluids, and prepared surgery room (equipment, medications, bed position, equipment for anesthesia carts, sterile supplies, vital signs monitors, and DVT prevention devices).

Intra-Operative Nurse

- Delivered safe direct nursing care to patients—assisted the anesthesiologist, monitored patient care, assured appropriate supplies and equipment during surgery, and kept track of instruments and sponges.
- Served as a surgery scrub nurse—handed surgeons instruments and applied dressings when required.

Post-Operative Nurse

- Assessed and maintained patient pain, ensured proper air way-breathing and circulation, and evaluated of renal and gastrointestinal systems prior to discharge.
- Directed patient discharge initiatives—led patient and family post-procedure home care education, including explaining the use of prescribed medications and alert signs and symptoms to be aware of.
- Led post surgery check-ups—observed patient progress, made recommendations, and assisted physicians in examinations and treatments.

EDUCATION

Bachelor of Science in Nursing, BSN (2007)
School of Nursing, Name of School